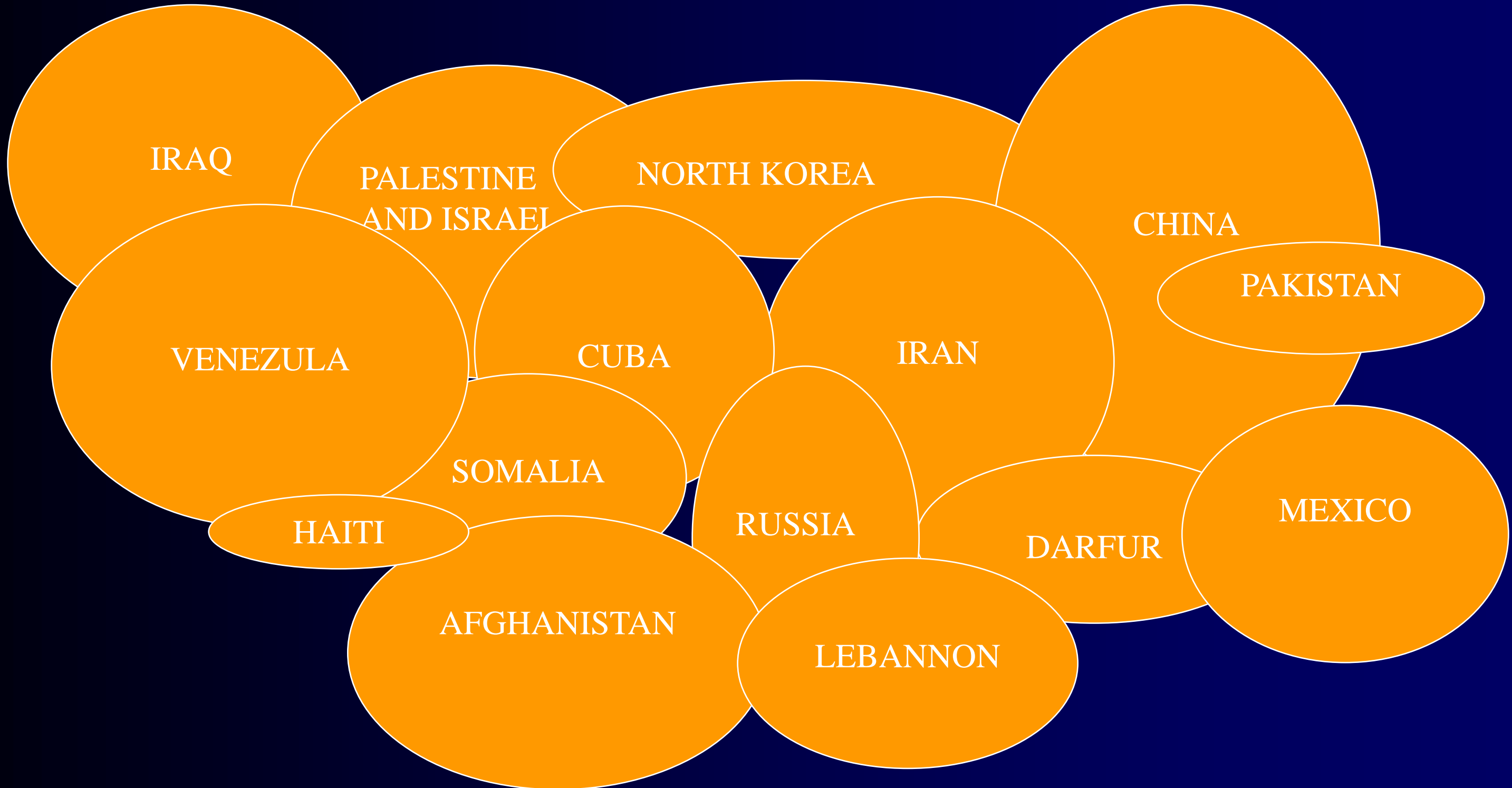


CULTURAL COMPETENCE DILEMMAS



Disparity

- Measurable, not assumed, differences between two or more objects, groups, people, or an absence of parity or equality between them

Health Disparity

- Inequalities in health status measured in terms of frequency, diagnosis, mortality, and survival rates by race, income, social class, or ethnicity where these exceed the expected rates for the population as a whole.

Working Definition

- Disparity is any measurable or documented difference between groups

Mental Health Disparity

Principally, a measurable difference in services [clinical choices and decisions], risk, or prevalence/incidence by race, culture, ethnicity, language, gender, or other identifiable characteristics.

Disparities

- Admissions
- Length of Stay
- Recidivism Rates
- Use of Police
- Homelessness
- Mortality Rates
- Involuntary Commitments
- Pattern of Service Use
- Diagnosis of SMI
- Access to Outpatient Care
- Use of Medication
- First Responders

Mental Health Service

- A type of support or clinical intervention designed to address [the] specific mental health needs. A service could be provided only one time or repeated over a course of time, as determined by the service provider.

Service

- A series of clinical choices and decisions reached and shared by the provider, consumer, and family designed to reduce, relieve, or resolve a mental health problem.

Changes in Mortality 1990 -2008

Cause	African 1990 - 2008		First Nation 1990 -2008		Asian PI 1990 - 2008		Anglo 1990 -2008		Latino 1990 -2008		
Heart Disease	1	1	4	4	5	5	2	2	3	3	
Suicide	4	5	3	3	5	4	1	1	2	2	
Cerebrovas	1	1	5	5			4	4	2	2	
Malignancy	1	1	5	5	3	3	2	2	4	4	
Influenza	1	1	3	3	4	5	2	2	5	4	
Liver Disease	3	4	1	1	4	3	5	5	2	2	
Diabetes	1	1	2	2	5	5	4	4	3	3	
HIV/AIDS	1	1	5	3	4	5	3	4	2	2	
Accidents	2	3	1	1	5	5	3	4	3	2	
Homicides	1	1	3	3	4	5	5	4	2	2	



Key Factors in Disparities

Help Seeking

Stigma

Bias

Service Design

Participation

Licensure

Standards

Training

Media

Science

Research

Collaboration

Ethics

Public Policy

Resources

Myth

Fear

Location

Symptoms

Workforce

Advocacy

Universities

First Responders

Courts

Cultural Beliefs

MH Literacy

Fragmentation

Intersection Concept

Mental Help Seeking

Delay

Ministers

People of

Color

Primary
Health Care

Social Services

Behavior

Diagnosis by Race in Virginia State Mental Hospital Admissions 1990-1999

Racial Group	Paranoid Schizophrenia	Schizo-affective	Schizophrenia Undifferentiated	Psychotic Disorder
African American	6979 48% of Total	7540 46% of Total	6316 47% of Total	3872 49% of Total
Euro-American	7473 51% of Total	8828 54% of Total	6928 52% of Total	3892 50% of Total
Chi-Square	DF=18,	P-value<.0001		

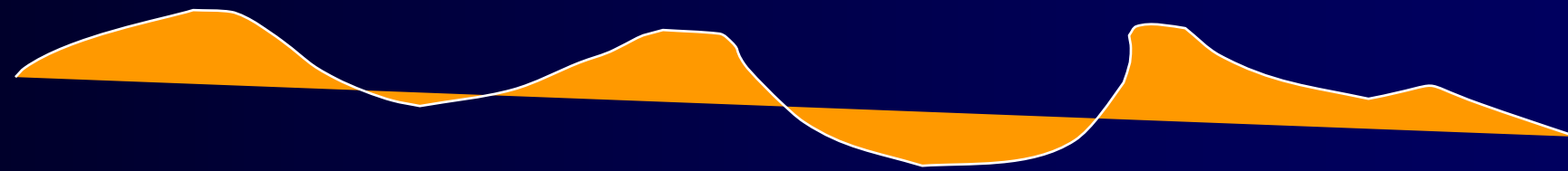
Mental Health - Post Katrina

1. Severe mental illness doubled in frequency
2. Suicide rates increased significantly
3. Substance abuse rates increased greatly
4. Increases in mild to moderate depression
5. Major increases in severe anxiety
6. Anticipated increases in post traumatic stress disorders
7. Increase in homeless mentally ill
8. Demand for services by African American populations has not increased to level expected post-disaster.
9. Unclear how to increase demand for mental health care.
10. Unclear what kind of system to replace former approach

Defining Cultural Competence (3)

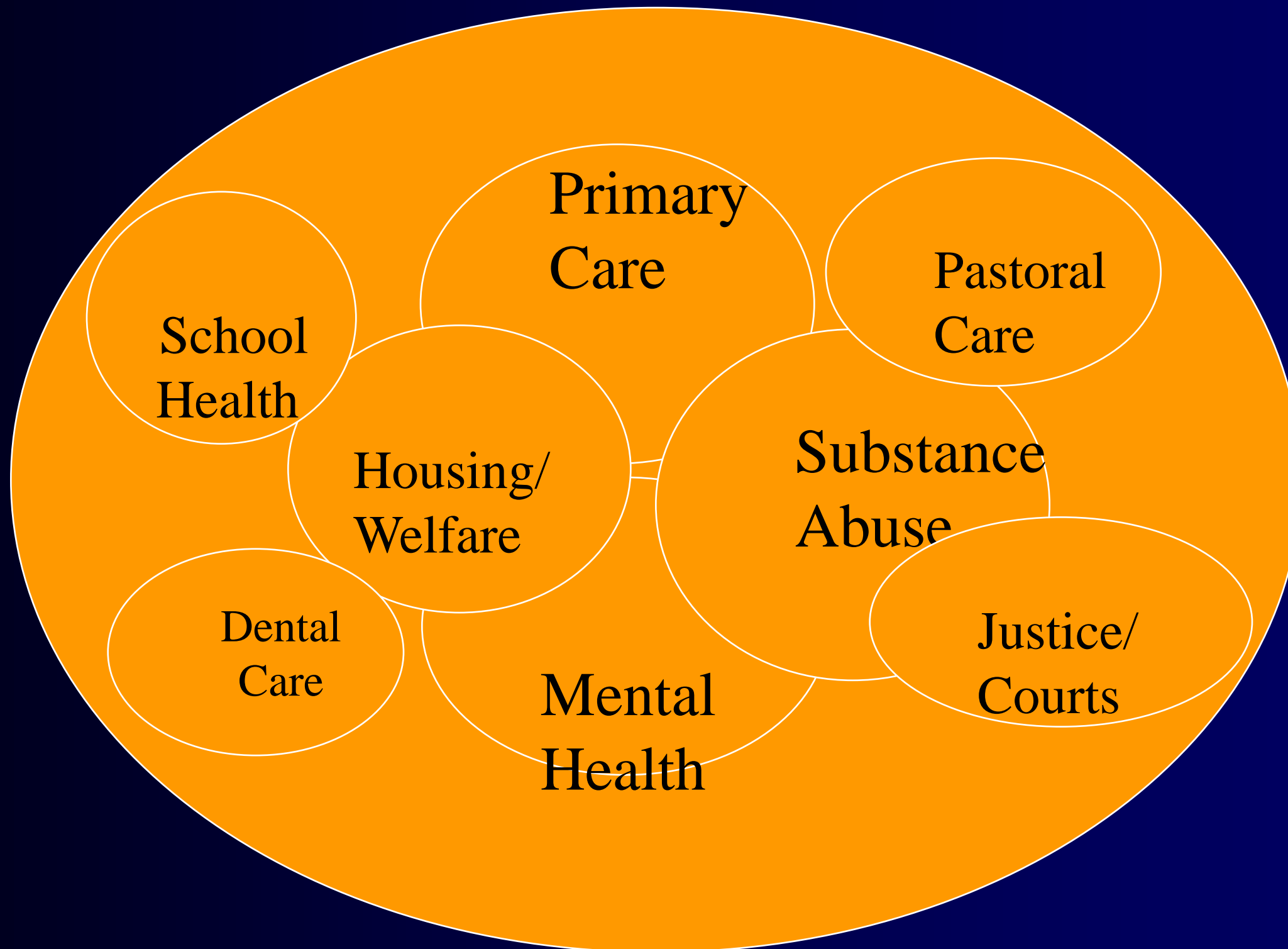
- Market-Based Definition
- Cultural competence is the **integration and transformation** of **knowledge, information, and data** about individuals and groups of people into specific **clinical standards, skills, service approaches, techniques, and marketing programs** that **match the individual's culture** and increase the **quality and appropriateness of health care and outcomes** (Davis, 1997).

Real Life Paths



Curva-Linear

Integrated Community Collaborative Care



Recommendations

Status of Cultural Knowledge:

- The Clinical Application of Cultural Competency is Relative

